Panhandle Public Health District
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Protect Yourself and Your Family This Respiratory Season

As fall and winter arrive, so does the season when respiratory viruses are most active. Vaccination remains one of the most effective tools to prevent severe illness, hospitalization, and complications.

Panhandle Public Health District encourages residents to discuss with their primary healthcare or vaccine provider which vaccines are right for them and their families. If you have questions or want to learn more about the vaccines available, call Tina Cook at 308-633-2866.

Vaccines are available across the Panhandle and at our Scottsbluff office. PPHD carries all recommended vaccines including influenza, pneumonia, RSV, COVID, tetanus/pertussis, and more.

PPHD's Walk-in Immunization Clinic is open Tuesdays through Fridays, 8:30 a.m.–4:00 p.m. at 18 West 16th Street in Scottsbluff.

- All Ages
- Any immunizations needed
- Vaccines available for children and adults.
- Insurance card or payment needed at check-in.
- Children's vaccines available at no cost for uninsured children (VFC); we also have some vaccines available at no cost for uninsured adults (VFA).

Panhandle Public Health District encourages everyone to take advantage of available vaccines to help keep yourself, your family, and our community healthy this respiratory season. See **Respiratory Season Vaccine Guide** attached**.**

Questions about which vaccines are right for you? Call Tina Cook, PPHD Immunization Coordinator at 308-633-2866.

Panhandle Public Health District is working together to improve the health, safety and quality of life for all who live, learn, work and play in the Panhandle. Our vision is that we are a healthier and safer Panhandle Community.

PUBLIC HEALTH IS FOR YOU

Respiratory Season Vaccine Information

	Influenza (Flu) Vaccine	Respiratory Syncytial Virus (RSV) Immunization Prevention options include vaccination and monoclonal antibody therapy.	COVID-19	Pneumonia
Who should get it:	• Annual vaccination is recommended for everyone 6 months and older, unless medically contraindicated. • High-dose flu vaccines, designed for older adults, are available.	**Vaccines**, if vaccinated in a previous season, there is no current recommendation for a booster dose this season. • Recommended for adults 75 years and older. • Recommended for adults ages 50–74 with risk factors. • Recommended for pregnant women during weeks 32–36 of pregnancy to help protect newborns. **Monoclonal Antibody Therapies** Nirsevimab and Clesrovimab are available to protect infants and young children. • Recommended for all babies born to mothers who did not receive the maternal RSV vaccine. • Recommended for children 8–19 months who are at higher risk of severe RSV disease.	• A 2026-2027 COVID-19 vaccine is recommended for all adults ages 18 years and older in the United States for the prevention of COVID-19. • A 2026-2027 COVID-19 vaccine is also recommended for all children ages 6 months–17 years with moderate to severe immunocompromise; for all other children, a COVID-19 vaccine is recommended through shared clinical decision-making.	• Recommended for adults 50 and older and for younger adults with certain health conditions.
How well do they work:	Reduces risk of going to the doctor by 30–60%	Reduces risk of severe disease by 80–96%	30–60% additional protection against illness & severe disease	Covers approximately 84–85% of invasive pneumococcal disease
When should I get it:	October is ideal, available throughout flu season	Infants: Oct–Mar Pregnancy: Sept–Jan Older Adults: Get it now, available year-round	Get it now. Recently infected? Wait at least 3 months.	Get it now, available year-round